



Resource

MINI PILGRIMS

Being Me

South Lakes Mini Pilgrims and the Reflective walks run at the same date and time to allow families to get involved across the two groups. Although the two groups start and end at the same point the Minis walk is an easier, shorter route than the Reflective group.

For this walk we parked at Tilberthwaite Car Park (Grid Reference NY306010 nearest postcode LA21 8DG). At the start of the walk we gave everyone a piece of card with the words 'Being Me' written in metallic pen on one side. We asked them to draw a picture of themselves on the other side in chalk, they then put the card in their pocket. When we got to Cathedral Cave we got the pictures out and had a look at them, which was fun as we had to do this with torches as it was dark!

Ask the children to look at their chalk pictures. Can they say how the pictures are similar? How are they different?, Ask the children what makes **them** special and unique.

Has anything happened to the drawing after being on your walk? The pictures may have smudged or rubbed away a bit. Just like the pictures, we are not perfect. Sometimes we get a bit blurry and smudged around the edges, but that's okay because God loves us; imperfections and all.



You will need to prepare your card before the walk, we used dark-coloured card which we cut into circles, you will also need chalks. As this was quite a long walk we took snacks and drinks with us to eat at the cave. You should ask people to dress appropriately for the time of year and wear suitable footwear. If going on a walk to a cave advise people to bring torches or head torches with them.

This activity can be done on any walk. It is not reliant on a particular environment.

There are several ways of getting to Cathedral Cave, for reference see: Ordnance Survey Explorer Map OL7 The English Lakes South Eastern Area.

Please follow the **Countryside Code**. Leave gates and property as you find them, follow paths, take litter home with you, follow signs, don't destroy or remove features such as rocks and plants. For more details see: www.gov.uk/government/publications/the-countryside-code

Risk assessing the walk will help identify hazards so that you can put into place appropriate measures as required.