



Resource

MINI PILGRIMS Imagination

As this was South Lakes Mini Pilgrims first walk of 2018, when New Year's resolutions are traditionally made, we decided to think about what one thing we could change to make the world a better place and imagine what a difference that could make. Dreaming big!

For this activity the Mini Pilgrims walked up Reston Scar near Staveley. Grid Ref: SD 4601 9878 postcode LA8 9PT, parking in the village.

'What one thing could you change to make the world a better place?'
Whether it's to reduce your plastic use, have a tech free day or write to your local MP about something that's important to you, imagine how that could change: you, your locality, the world! Now imagine what would happen if everyone did that one thing - how could that make the world a different and better place?

'We ourselves feel that what we are doing is just a drop in the ocean. But the ocean would be less because of that missing drop.'

Mother Teresa.



No special equipment is needed for this walk, you can do this walk anywhere. You should ask people to dress appropriately for the time of year and wear suitable walking footwear or wellies.

For the walk up Reston Scar see: Ordnance Survey Explorer Map OL7 The English Lakes South-Eastern Area.

This activity can be done on any walk. It is not reliant on a particular environment.

Please follow the **Countryside Code**. Leave gates and property as you find them, follow paths, take litter home with you, follow signs, don't destroy or remove features such as rocks and plants. For more details see: www.gov.uk/government/publications/the-countryside-code.

Risk assessing the activity will help identify potential hazards, so that you can put into place appropriate measures as required.