



Resource

MINI PILGRIMS Pattern

South Lakes Mini Pilgrims and the Reflective walks run at the same date and time to allow families to get involved across the two groups. Although the two groups start and end at the same point the Minis walk is an easier, shorter route than the Reflective group.

For this walk we parked near Newlands Church (Grid Reference NY 23161 19390 nearest postcode CA12 5TU). We went out prior to the walk and took pictures of both natural and man made patterns along the route. We then made up 'find me' picture sheets and laminated them to hand out at the beginning of the walk. Stickers were given to stick to the sheet as the pictures were found.

As we went on our walk we connected the patterns we found with themes or stories in the bible. For example one of the pictures was of a triangular Dovecote and so we talked about the Trinity. When we came to a rock we discussed the story of Moses hitting the rock. We also looked at the pattern of the hills. Where we were walking there were three distinct peaks, we asked the children which would be the Father, the Son and the Holy Spirit and why.



You will need to print out the 'Find Me' Pictures sheet which can be found on page 2, or create your own if going on a different walk. We recommend laminating to weatherproof them. You will also need stickers. You should ask people to dress appropriately for the time of year and wear suitable footwear.

This activity can be done on any walk. It is not reliant on a particular environment, though you will need to do some preparation in order to create your own 'find me' picture sheets.

For the walk we did start at Newlands Church then continue up the road and turn left where the footpath is signposted. Cross the fields and over the small bridge, going right around Low House farm following the footpath. 100 yards beyond the farm keep to the left hand path, following the fence. A short while after the next farm (Low Snab) you will see a footbridge on your left, cross here following the path back towards the car park. For reference see: Ordnance Survey Explorer Map OL4 The English Lakes North Western Area.

Please follow the **Countryside Code**. Leave gates and property as you find them, follow paths, take litter home with you, follow signs, don't destroy or remove features such as rocks and plants. For more details see: www.gov.uk/government/publications/the-countryside-code

Risk assessing the walk will help identify hazards so that you can put into place appropriate measures as required.

'Find me' pictures Pattern

